



Winter News & Events

In the last quarter, grassroots events organizers and project leaders worked hard to raise autoimmune awareness on behalf of AARDA and those we serve. If, in reading about them below, you are inspired to create an event or project in your community, please give us a call at (855) 239-2557 or email aarda@aarda.org.

We are grateful to...

Jackson County Farm Bureau Women's Committee who raised **\$1,748.15** with their Mooovin' On 5K event last spring.

Angie Alt and Mickey Trescott at Autoimmune Wellness (autoimmunewellness.com), who donated **\$1,286.71** to AARDA from sales of their "AIP recipe resource bundle".



Mooovin' On 5K

Ashley Calder, who raised **\$1,699** through her "Shake Yo' Booties for Autoimmune Disease" Zumbathon event at Crunch in Bellmore, NY.

Linda Browning, who has raised another \$211.73 from sales of her original knitting patterns! Thank you, Linda and the Tinyknitters Group.

Facebook Birthday Fundraisers *Katie Ann, Alice Archer, Rachel Barnum, Debra Bates, Amy Blechinger, Kim Cal-Ro, Tara Clark, Teresa Crutchfield, Natalia Ania Dashnaw, Briana Edwards, Gabrielle Barth Ephland, Kara Fiorito, Kim Chaney Griffin, Stefi Hallstrom, Jason Hautala, Holly Henderson, Janet Marsico, Courtney Michele, Victoria Niblett, Patrice Elster Reiss, Candi Lynn Rester, Summer Robinson, Divya Rodriguez, Alex Sotomayor Shearer, Gena Marie Stapf, Amanda Cass Streetman, Bre-Ann Waller, and Wende Harris Winchester.*

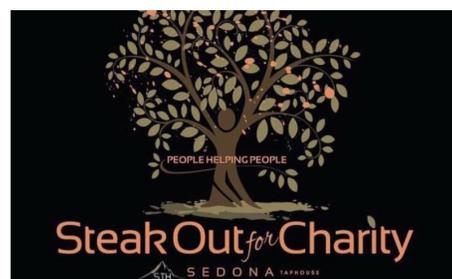
Facebook Giving Tuesday Fundraisers *Angi Denson, Tiffany Martindale, Laura Simpson and Justina Zendrian.*

Thanks to all for this strong support of the AARDA mission!

On the horizon...

Janet Marsico, will be hosting an awareness event called "Steak out for Charity" at Sedona Taphouse in Mamaroneck, NY during the entire month of **February 2018!** Every Monday, Janet will have a table in the restaurant where she'll distribute AARDA and autoimmune disease information to restaurant guests. [Sedona Taphouse](http://SedonaTaphouse.com)

will donate \$1 from every meal purchased in-house! What a great effort! If you live in the area, we encourage you to drop by.



Other ways you can help

- The [AARDA Store](#) is open 24/7. Check it out! There may be a T-shirt, mug, or water bottle that would look good on you and help spread awareness.
- **Volunteer!** If there is an AARDA Walk in your area, contact us; we could use your help on a Walk Planning Committee or on the day of the event. Email walk@aarda.org to sign up!
- **Share your autoimmune story.** As part of our advocacy efforts and our ongoing campaign to raise awareness, AARDA presents autoimmune patient stories that illustrate the challenges and needs of the autoimmune community. Whether it's in printed materials, testimony before Congress, or PSAs and YouTube videos, these stories serve to educate and inspire. Email aarda@aarda.org to share your story.



Upcoming Autoimmune Walks

Oklahoma City

Saturday, March 24, 2018

Wiley Post Park

Coordinator: Pebbles Smith

Contact her at: smithpebbles65@gmail.com

Metro Detroit

Saturday, August 25, 2018

Milliken State Park on the RiverWalk

Contact the coordinator: (855) 239-2557 or walk@aarda.org



Pebbles Smith

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