AARDA conducted a survey of 600+ autoimmune disease patients between September 8-15, 2020 to better understand their experiences surrounding copay assistance.

Their responses reinforced the importance of copay assistance programs to patients dealing with autoimmune and other complex conditions. Many patients struggle to afford their medications and may rely on assistance programs to help cover the costs of their care.

### 608 Patients responded to AARDA’s copay assistance survey:

- **40%** of patients had to skip medication because of inability to pay.
- **45%** of patients have used copay assistance programs.
- **92%** of patients say it would be valuable to have copay assistance programs.
- **92%** of patients say [copay assistance] helps them access medication they couldn’t afford.
- **95%** of patients say [copay assistance] allows them to take medication as prescribed.

### Patient Quotes:

- "I could not manage expenses without the extra assistance”
- "Without it, there are drugs I would not be able to use”
- "We would not have been able to afford the treatment without it”
- "Without [copay assistance], I could never afford my medications. I’d be crippled with pain and disability and we’d be penniless trying to pay for it. Copay assistance is vital to my ability to access my medication”
- "[Copay assistance] allows me to take a medication that I would otherwise not be able to afford. My insurance company keeps denying the medication”
- "I would not be able to pay other bills/expenses. Wouldn’t be able to take the medication at all”
- "It just would have not been no medications or I would have lost my home in order to take them. I would have died without the assistance for some of my medications”
- "My position was eliminated after 39 years of employment due to COVID revenue losses. I wouldn’t be able to afford without it”